



Gateway Regional High School

January 1st-5th

Welcome back!
Breakfast is offered daily from
7:30am-7:45am. Cost is \$2.10
for a paid student.

FAST TAKES



DAILY SPECIALS

Fruit & Yogurt Parfaits, Chicken Caesar Wraps or Buffalo Chicken Wrap are also available through out the week!

M:

T:

W: Peanut Butter & Jelly w/ String Cheese, Chicken Caesar Salad, Italian Hoagie, Ham & Cheese Sandwich

TH: Peanut Butter & Jelly w/ String Cheese, Chicken Caesar Salad, Ham & Cheese Hoagie, Turkey & Cheese

F: Peanut Butter & Jelly w/ String Cheese, Chicken Caesar Salad, Italian Hoagie, Ham & Cheese Sandwich

VARIETY



DAILY SPECIALS

Cheese & Pepperoni Pizza Available Daily.

M:

T:

W: Roasted Chicken w/ Dinner Roll & Glazed Carrots

TH: Cheesy Stuffed Breadsticks w/ Marinara

F: BBQ Pork Totcho w/ Baked Beans

GRILL



DAILY SPECIALS

M:

T:

W: Cheeseburger w/ Crinkle Fries w/ Tater Tots

TH: Crispy Chicken Patty w/ Tater Tots

F: Cheeseburger w/ Tater Tots

EXTRAS



A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.



This institution is an equal opportunity provider. Additional nutrition information available upon request.

FAST TAKES



DAILY SPECIALS

Fruit & Yogurt Parfaits, Chicken Caesar Wraps or Buffalo Chicken Wrap are also available through out the week!

- M:** Peanut Butter & Jelly w/ String Cheese, Chef Salad, American Hoagie, Turkey & Cheese Sandwich
- T:** Peanut Butter & Jelly w/ String Cheese, Chicken Caesar Salad, Ham & Cheese Hoagie, Turkey & Cheese
- W:** Peanut Butter & Jelly w/ String Cheese, Chicken Caesar Salad, Italian Hoagie, Ham & Cheese Sandwich
- TH:** Peanut Butter & Jelly w/ String Cheese, Chef Salad, American Hoagie, Turkey & Cheese Sandwich
- F:** Peanut Butter & Jelly w/ String Cheese, Chicken Caesar Salad, Ham & Cheese Hoagie, Turkey & Cheese

VARIETY



DAILY SPECIALS

Cheese & Pepperoni Pizza Available Daily.

- M:** Italian Meatball Sandwich w/ Glazed Carrots
- T:** Beef Burrito w/ Mexican Sweet Potatoes
- W:** Pancakes, Sausage & Tater Tot Hash
- TH:** Popcorn Chicken Bowl w/ Mashed Potato, Gravy & Corn
- F:** BBQ Pork Totcho w/ Baked Beans

GRILL



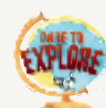
DAILY SPECIALS

- M:** Spicy Chicken Sandwich w/ Crinkle Fries
- T:** Grilled Cheese w/ Crinkle Fries
- W:** Cheeseburger w/ Crinkle Fries
- TH:** Crispy Chicken Patty w/ Crinkle Fries
- F:** Cheeseburger w/ Crinkle Fries

EXTRAS



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FAST TAKES



DAILY SPECIALS

Fruit & Yogurt Parfaits, Chicken Caesar Wraps or Buffalo Chicken Wrap are also available through out the week!

M:

T: Peanut Butter & Jelly w/ String Cheese, Chicken Caesar Salad, Ham & Cheese Hoagie, Turkey & Cheese

W: Peanut Butter & Jelly w/ String Cheese, Chicken Caesar Salad, Italian Hoagie, Ham & Cheese Sandwich

TH: Peanut Butter & Jelly w/ String Cheese, Chef Salad, American Hoagie, Turkey & Cheese Sandwich

F: Peanut Butter & Jelly w/ String Cheese, Chicken Caesar Salad, Ham & Cheese Hoagie, Turkey & Cheese

VARIETY



DAILY SPECIALS

Cheese & Pepperoni Pizza Available Daily.

M:

T: Beef Nachos & Roasted Mexican Corn

W: Philly Cheesesteak w/ Broccoli & Carrots

TH: Boneless Chicken Bites, Soft Pretzel Rod & Steamed Carrot Coins

F: Chicken & Broccoli Alfredo w/ Dinner Roll

GRILL



DAILY SPECIALS

M:

T: Grilled Cheese w/ Crinkle Fries

W: Cheeseburger w/ Crinkle Fries

TH: Crispy Chicken Patty w/ Crinkle Fries

F: Cheeseburger w/ Crinkle Fries

EXTRAS



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FAST TAKES



DAILY SPECIALS

Fruit & Yogurt Parfaits, Chicken Caesar Wraps or Buffalo Chicken Wrap are also available through out the week!

- M:** Peanut Butter & Jelly w/ String Cheese, Chef Salad, American Hoagie, Turkey & Cheese Sandwich
- T:** Peanut Butter & Jelly w/ String Cheese, Chicken Caesar Salad, Ham & Cheese Hoagie, Turkey & Cheese
- W:** Peanut Butter & Jelly w/ String Cheese, Chicken Caesar Salad, Italian Hoagie, Ham & Cheese Sandwich
- TH:** Peanut Butter & Jelly w/ String Cheese, Chef Salad, American Hoagie, Turkey & Cheese Sandwich
- F:** Peanut Butter & Jelly w/ String Cheese, Chicken Caesar Salad, Ham & Cheese Hoagie, Turkey & Cheese

VARIETY



DAILY SPECIALS

Cheese & Pepperoni Pizza Available Daily.

- M:** Breakfast Taco w/ Scrambled Eggs & Tater Tot Hash
- T:** Chicken & Waffles w/ Baked Beans
- W:** Beef Cheesy Mac W Roasted Broccoli
- TH:** MTO Breakfast Potato Bowl w/ Buttermilk Biscuit
- F:** Roasted Chicken w/ Buttermilk Biscuit & Sweet Potato Fries

GRILL



DAILY SPECIALS

- M:** Spicy Chicken Sandwich w/ Crinkle Fries
- T:** Grilled Cheese w/ Crinkle Fries
- W:** Cheeseburger w/ Crinkle Fries
- TH:** Crispy Chicken Patty w/ Crinkle Fries
- F:** Cheeseburger w/ Crinkle Fries

EXTRAS



A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.



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Gateway Regional High School

January 29th-31st

Welcome back!
Breakfast is offered daily from
7:30am-7:45am. Cost is \$2.10
for a paid student.

FAST TAKES



DAILY SPECIALS

Fruit & Yogurt Parfaits, Chicken Caesar Wraps or Buffalo Chicken Wrap are also available through out the week!

- M:** Peanut Butter & Jelly w/ String Cheese, Chef Salad, American Hoagie, Turkey & Cheese Sandwich
T: Peanut Butter & Jelly w/ String Cheese, Chicken Caesar Salad, Ham & Cheese Hoagie, Turkey & Cheese
W: Peanut Butter & Jelly w/ String Cheese, Chicken Caesar Salad, Italian Hoagie, Ham & Cheese Sandwich
TH:
F:

VARIETY



DAILY SPECIALS

Cheese & Pepperoni Pizza Available Daily.

- M:** Beef Taco Bowl w/ Rice & Black Beans
T: BBQ Pork Totcho w/ Baked Beans
W: Pancakes, Sausage & Tater Tot Hash
TH:
F:

GRILL



DAILY SPECIALS

- M:** Spicy Chicken Sandwich w/ Crinkle Fries
T: Grilled Cheese w/ Crinkle Fries
W: Cheeseburger w/ Crinkle Fries
TH:
F:

EXTRAS



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